

DIY Worm Tower



The worm tower has a bin on the bottom to catch the worm juice. Above that, there are several bins with holes to allow the juice to drip down and the worms to move up. You start feeding in the lower bin and as the bins get full, move up. Then you can harvest castings from the lower bin with relatively few worms remaining.

Materials:

4 plastic bins that stack
Drill with 1/4" to 1/2" bit
Red Wiggler worms
Bedding (shredded newspaper, fine wood chips, straw, leaves)
Food scraps

Instructions:

Drill drainage holes in the bottom of 3 of the bins.
Drill smaller air holes around the side of the bins so they won't be covered when you stack the bins.
Put the pristine bin on the bottom. Stack a drilled bin on top.
Put your food scraps in the bin.
Cover with the bedding.
Put in your worms.
Once the first compost bin is full, start feeding in the next bin stacked on top.

Use the castings as a top dressing for your houseplants or any other time you would use nutrient rich soil.

Dilute the worm juice with water until it looks like weak black tea and use it to water your plants.

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Worm Care and Feeding



So you have your worm bin, now what? Feed your worms once every week to two weeks by making a hole, depositing the scraps then covering them up with the bedding.

What to feed:

Veggie, fruit, rinsed egg shells, coffee grinds, tea bags, bread/grain

What not to feed:

Meat, dairy, onions, garlic, orange peels, oils

Bedding Options:

Shredded newspaper, fine wood chips/sawdust, small animal bedding, straw, leaves

Troubleshooting:

Smelly - add bedding, reduce food, cover food with bedding, drill more ventilation holes.

Wet - empty bottom bin, add bedding

Dry - add water and/or food

Worms escaping - add food, check for wet or dry conditions

Fruit Flies - cover food, reduce fruit in scraps

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